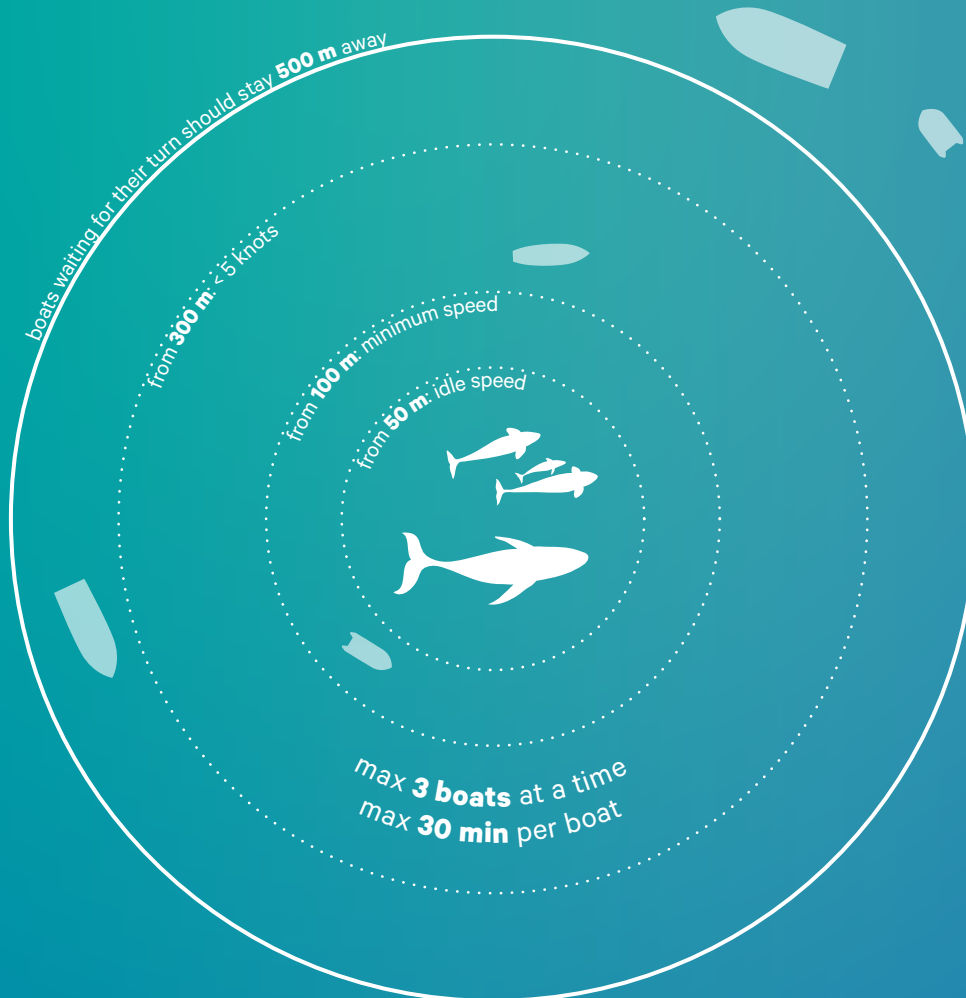


# WHALE WATCHING GUIDELINES



These guidelines refer to all cetacean species as “whales”.

## LEARN TO UNDERSTAND WHALE BEHAVIOURS AND ACT CONSEQUENTLY

- Stay away from resting whales.
- Stay away from whales that show signs of stress, fear and avoidance.
- Don't disturb feeding whales.

## CONTRIBUTE TO REDUCE OVERALL BOAT NUMBER

- Maximum 3 boats observing 1 situation.
- Maximum time 30 minutes.

## BE CAUTIOUS

- Stay at an appropriately remote distance and keep quiet.
- Approach whales slowly, less than 5 knots within 300m, at constant speed, from the side and slightly to the rear.
- Move parallel to moving whales, not directly from behind, neither head-on, nor intercepting the path.
- Use minimum speed from 100m and idle speed from 50m. If whales approach the boat, go to engine neutral and only re-engage when passed.
- Don't encircle whales or block their freedom of movement out of an area.

## INFORM, EDUCATE AND INSPIRE YOUR GUESTS

Share your knowledge with your guests. Tell them about the whales and the marine environment and how to contribute to their protection.

## BEWARE OF OTHER CRAFT OPERATING IN THE AREA

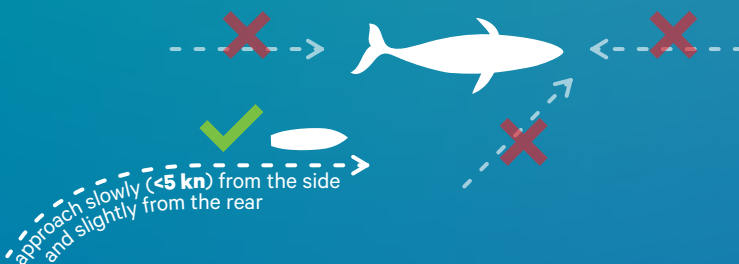
## NO SWIMMING/DIVING WITH WHALES

Responsible whale watching is about respect, safety and quality.

Please read the full guidelines document linked here: <https://www.visit tromsø.no/en/guidelines-whalewatching>

## DEVELOPED BY:

Acquarone, Mario – European Cetacean Society / UiT The Arctic University of Norway  
Baker, Russell – Learning From Whales  
Bertella, Giovanna – UiT The Arctic University of Norway



**NO** swimming / diving with whales



## ENDORSEMENTS:

Giuseppe Notarbartolo di Sciara  
Tethys Research Institute

WHALE AND DOLPHIN CONSERVATION

